

**QWICK MEDIA INC.**

**CSE (CNSX): QMI  
OTC: QWICKF**

**NEWS RELEASE**

**QWICK MEDIA ANNOUNCES RESIGNATION OF DIRECTORS**

Vancouver, BC, January 30, 2019 – Qwick Media Inc. (CSE/CSNX: QMI; OTC: QWICKF) (the “**Company**”) announces that Corrine Tocher, Brian Petersen, Barbara Welsh and Steve Coles have resigned as directors of the Company, effective as of January 30, 2019. The Company thanks each of Corrine Tocher, Brian Petersen, Barbara Welsh and Steve Coles for their services and wishes them all the best in their future endeavors.

**QWICK MEDIA INC.**

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*The CSE has neither approved nor disapproved the contents of this news release.*